Activities In Portugal

PortoPractical Checklist

Packing reminders, useful phrases and essential numbers

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Packing checklist

- ☐ Comfortable shoes with good grip for hills, steps and cobbles.
- ☐ Light layers and a jacket for breezy evenings or changing weather.
- ☐ Sunglasses and sun protection in warmer months.
- ☐ Small umbrella or packable waterproof layer.
- ☐ Reusable water bottle and a small day bag.
- ☐ Payment card plus a little cash for small purchases.
- ☐ Travel documents, insurance details and accommodation address.
- ☐ Chargers, power bank and any essential medication.

Useful Portuguese phrases

ENGLISH	PORTUGUÊS
Hello	Olá
Good morning	Bom dia
Good afternoon	Boa tarde
Please	Por favor
Thank you	Obrigado (said by a man) / Obrigada (said by a woman)
Excuse me	Com licença
Do you speak English?	Fala inglês?
How much is it?	Quanto custa?
The bill, please	A conta, por favor
Where is the toilet?	Onde fica a casa de banho?
Goodbye / see you later	Até logo

Useful numbers

SERVICE	NUMBER / DETAILS
Emergency services (police, ambulance, fire)	112
Health advice (SNS 24)	808 24 24 24 — check current language options and call costs
Accommodation	
Travel insurance	
Embassy / consulate	

A few local reminders

- ☐ Porto and Vila Nova de Gaia are separate cities, connected by the Dom Luís I Bridge.
- ☐ Validate your public transport ticket on the buses, metro and train lines and check ticket zones before travelling.
- ☐ Use only licensed taxis or a ride booked through a recognised app like Bolt; check the vehicle and registration before getting in.
- ☐ Keep an eye on belongings in busy tourist areas and on public transport.
- ☐ Check current opening times, fares, routes and prices shortly before your visit.

Keep this guide handy

Save your accommodation address and important booking details on your phone, and keep an offline copy in case you lose internet access.